

# Home Medicine

## Words Search

T R U B L A T O W V D  
A R A E P A S S I D I  
O L K X N P A I N E S  
R X F E G I B L O F A  
H J O C U R E S J L P  
T W R P Z O U M Y F P  
E M E P V C O L D D E  
R P H A R M A C Y N A  
O E E N I C I D E M R  
S Y A E H C A D A E H  
G P D Z N P W U E G N

medecine \_\_\_\_\_

rub \_\_\_\_\_

cures \_\_\_\_\_

cold \_\_\_\_\_

pain \_\_\_\_\_

pharmacy \_\_\_\_\_

headache \_\_\_\_\_

sore throat \_\_\_\_\_

disappear \_\_\_\_\_

forehead \_\_\_\_\_

- C** Read about some old-fashioned home cures in the brochure below. Which TWO home cures do you think really work? (The answer is at the bottom of this page.)

Nowadays we buy medicine at a pharmacy. But in the past, people used to make medicines out of things they found in the kitchen or the garden. Here are some old-fashioned home cures.

# HOME MEDICINE

**1 A SORE THROAT**  
*Does your throat hurt?*

- Put a dirty sock around your neck before you go to sleep and wear it all night. Your throat will be better in the morning.
- Drink a cup of hot tea with honey. Your throat will feel better.



**2 SMELLY FEET**  
*Are you afraid to take off your shoes?*

- Put two tea bags in four cups of warm water. Put your feet in the tea for ten minutes a day. Your feet will always smell sweet.



**3 A COLD**  
*Do you want to stay healthy all winter?*

- Tie a big red onion\* to your bed and the colds will stay away.



**4 HEADACHE**  
*Do you hate those headaches?*

- Rub a lemon on your forehead. The headache will go away.



**5 TOOTHACHE**  
*Does your tooth hurt?*

- Tie a string around your little toe and the toothache will go away.



**6 STOMACH ACHE**  
*Does your stomach hurt?*

- Rub some olive oil\* on your stomach. Then put garlic\* in your belly button\*. The pain will disappear.



**7 HICCUPS\***  
*Do you want to make those hiccups go away?*

- Stand straight, put your arms over your head and move your fingers.



בצל  
بصل  
onion

בצל  
بصل  
olive oil  
שמן זית  
زيت زيتون

שום  
ثوم  
garlic

טבור  
سرة  
belly button

שיחוקים  
أفارقة  
hiccups

Answer to exercise C: 1. Tea with honey for a sore throat. 2. Warm tea for smelly feet.

**D** Choose the correct answer.

What is home medicine?

1. medicine that people make at home
2. medicine that you buy at a pharmacy
3. medicine that the doctor gives you

**E** What's wrong with each of the teens? Complete the sentences below, in your notebook.

1. David rubbed a lemon on his forehead. He has a ... . *headache*
2. Yoni put his feet in warm tea. He has ... .
3. Natasha went to sleep with a dirty sock around her neck. She has ... .
4. Tali tied a string around her little toe. She has a ... .
5. Sara held her arms over her head and moved her fingers. She has ... .
6. Amir tied a big red onion to his bed. He wants to ... .

## Words Again

**A** Which word does NOT belong in each group? Explain why.

- |             |               |             |
|-------------|---------------|-------------|
| 1. a cold   | a sore throat | smelly feet |
| 2. past     | old fashioned | beautiful   |
| 3. pharmacy | forehead      | stomach     |
| 4. rub      | headache      | pain        |
| 5. a cure   | medicine      | river       |
| 6. go away  | check         | disappear   |

## MEDICINE – THEN AND NOW

**A** You are going to hear two conversations. Look at the pictures below. Then listen and answer the questions.

1. Which pictures are about the first conversation?
2. Which pictures are about the second conversation?



**B** What is the difference between the conversations?

**C** Listen to the conversations again. Which doctor said each sentence?

1. Let me feel your forehead.
2. Did you take your temperature?
3. Antibiotics will make you healthy again in no time!
4. Put an old sock around your neck before you go to sleep tonight.
5. Tie an onion on your bed.
6. Drink tea with honey.