

Student's name: _____

Class: _____

Family and Friends 4 - Unit 12 Practice 1

1. Look at the list. Write sentences with **Should** and **Shouldn't**.

Tips for healthy living

- Don't go to bed too late.
- Eat more fruit and vegetables.
- Don't eat lots of sweets.
- Relax.
- Don't work too hard.
- Walk to school.
- Don't catch the bus all the time.
- Go to bed early.
- Don't drink fizzy drinks.
- Do lots of sport.

- 1 You shouldn't go to bed too late.
- 2 _____
- 3 _____
- 4 _____
- 5 _____
- 6 _____
- 7 _____
- 8 _____
- 9 _____
- 10 _____

2. Give advice with "**should/shouldn't**"

- 1 'I want to get better at school.'
You should work harder. (work / harder)
- 2 'I must get up early tomorrow.'
..... (not stay up / late tonight)
- 3 'I've got a headache.'
..... (take / some aspirin)
- 4 'My best friend is angry with me.'
..... (apologise / to her)
- 5 'I can't do this exercise!'
..... (ask / your teacher to help you)
- 6 'I want to lose weight.'
..... (not eat / so much sugar)