Reading Activity
2°4
INGLES
Prof.Veronica Muniz
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INSTRUCTIONS:

READ THE TEXT AND **CHOOSE** THE CORRECT ANSWERS

JUNK FOOD= UNHEALTHY FOOD

WORK INDIVIDUALLY

JUNK FOOD VS HEALTHY FOOD

Do you like hamburgers and chips? Do you love coke and popcorn?

Of course you do. But remember: junk food isn't good for you.

Junk food is food that isn't nutritious and usually has a lot of (1) 

Have an apple or a (2)  for a snack at school. Don't eat chips every day.

Eat (3)  and (4)  . Drink fruit juice and water.

Be nice to your body. Eat healthy food.

1.	a. onions	b. sugar	c. ketchup
2.	a. nuggets	b. hot dog	c. banana
3.	a. chips	b. vegetables	c. fruit
4.	a. cereal	b. sandwiches	c. tomatoes