

## Reading and Writing Worksheet

### Topic: Survival tips

What do you know about jungles? Have you ever been in the jungle? Jungles are very beautiful places but they can be dangerous as well. You should be well prepared when you go to the jungle. Remember these important tips in case you get lost. They can help you and others in your group survive.

**1 Find a hill** Climb a hill so that you can see over the top of the trees. When you've found a hill, look to see if there is a river. You can follow the river out of the jungle to safety.

**2 Make a safe camp** Find a dry place, but don't camp very near trees. It isn't safe to camp near trees because trees and branches can sometimes fall.

**3 Keep insects away** Wear strong insect repellent to keep dangerous insects away. Always look in your shoes before you put them on. Some insects like to hide in shoes and they will bite or sting you.

**4 Drink lots of clean water** It's hot in the jungle, so it's important to drink enough water. Have you run out of water? Boil some water from a river to make it clean and safe to drink.

**5 Try to think happy thoughts** It's very important to stay cheerful. Think about how you will feel when you are safe with your family again. Try not to worry too much.

**6 Look up at the sky** The sun and the stars can help you to find your way out of the jungle.

Remember these tips and your trip to the jungle will be a lot safer!

Match the definitions with the words in the box.

insects branch boil insect repellent hill jungle  
cheerful ~~run out~~ volcano camp

- 1 When there is none left of something. run out
- 2 Part of a tree. \_\_\_\_\_
- 3 To heat water until it becomes steam. \_\_\_\_\_
- 4 Another word for bugs and flies. \_\_\_\_\_
- 5 Something you use to keep insects away. \_\_\_\_\_
- 6 How to describe someone who smiles and is happy. \_\_\_\_\_
- 7 Another word to describe rainforests. \_\_\_\_\_
- 8 An area of land higher than what is around it. \_\_\_\_\_
- 9 A type of mountain that can erupt fire and lava. \_\_\_\_\_
- 10 The place where someone puts a tent or shelter. \_\_\_\_\_

Complete the sentences. Match.

desert island jungle mountains river volcano



- 1 The girl in the red jumper is in the jungle.
- 2 The boys in green T-shirts are walking next to the \_\_\_\_\_.
- 3 The boy in the orange jumper is looking at the \_\_\_\_\_.
- 4 The girls in white dresses are looking at the \_\_\_\_\_.
- 5 The boys in black jumpers are having a picnic on an \_\_\_\_\_.
- 6 The boy in the blue T-shirt is in the \_\_\_\_\_.

## Tips for survival in the mountains

Have you ever been to the mountains? It's very exciting, but there are some important things to remember.

### 1 Have you told someone about your trip?

It's a good idea to leave a map of your trip with a friend or relative.

### 2 Have you packed the right things?

Think carefully about what to take. You will need a torch, a map, some water, some food and insect repellent.

### 3 Have you chosen the right clothes?

It's very cold in the mountains, so you will need warm clothes. Make sure you have packed some comfortable shoes and some thick socks.

### 4 Have you read some mountain survival tips?

Read a book about mountain survival tips. Then you will know what to do in an emergency.



Complete the advice with the words in the box.

about good need sure very

### Survival in the desert

It's a <u>good</u> idea	to travel with a friend.
It's _____ important	to drink lots of water.
You will _____	light clothes and a sun hat.
Make _____ you have	suncream.
Read a book _____	survival in the desert.

