



REVIEW WORKSHEET

SUBJECT: Moral Education

GRADE: II SECTION: _____

NAME: _____

DATE: _____

UNIT 5

LESSON 1: HEALTHY EATING, HEALTHY BODY

LESSON 2 : EXERCISE AND SOUND BODY

LESSON 3: DIFFERENT SITUATIONS AND CHANGING FEELINGS

Q1: Select the correct meaning for the given words:

- a. Diet
 - 1) The kind of food that a person habitually eats.
 - 2) The kind of food that a person doesn't like to eat.
 - 3) The kind of food which a person gives away.
- b. Emotion
 - 1) A weak feeling
 - 2) A strong feeling
 - 3) No feeling

Q2: Fill in the blanks with correct alternative:

- a. Our body need food to provide _____.
 - 1) Beauty
 - 2) Fats
 - 3) Energy
- b. We enjoy food more when we are _____.
 - 1) Sick
 - 2) Hungry
 - 3) Sleepy
- c. Our _____ is a muscle that pumps blood around our body.
 - 1) Brain

- 2) Lungs
- 3) Heart

d. _____ makes our heart stronger.

- 1) Over eating
- 2) Exercise
- 3) Sleeping

e. Being _____ is a good feeling.

- 1) Sad
- 2) Angry
- 3) Healthy

Q3: Answer the Following question by selecting the correct alternative:

a. When we are sad with whom we should share our feelings with?

Answer: _____

- 1) Parents
- 2) Strangers
- 3) Pet animals

b. What do we need to be active?

Answer: _____

- 1) Oxygen
- 2) Medicine
- 3) Energy

c. What does exercise do for us?

Answer: _____

- 1) Make us unhealthy
- 2) Gives us energy
- 3) Makes us fall sick

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