

## Unit 9: Health and Habits (Lesson 2)

**I) Listen and write**

(Nghe và điền từ)

Hi, I'm Bruno. I like to be healthy. I always

The cool morning air helps me start my day. I always

in the morning. I feel clean after that. Then it's breakfast. I eat healthy food and drink juice. I never

and I never  In the afternoon, I often  I like running and swimming. I get tired by ten o'clock, but I sometimes

It's not healthy, but I can't help it. I love watching TV at night.

wash my face

take a shower

eat fast food

brush my teeth

drink soft drinks

stay up late

wake up early

get exercise



II) Think of some healthy and unhealthy habits. How often do you do them ? Write.  
(Nghĩ về một vài thói quen lành mạnh và không lành mạnh. Bạn có thường làm những thói quen này không ? Hãy viết ra)

1. How often do you

?



I

2. How often do you

?



I

3. How often do you

?



I

4. How often do you

?



I



III) Look, listen, and drag the picture to the correct number  
(Nhìn tranh, nghe, và kéo hình đến số tương ứng)



