Family Life

Topic: Stages in the Human Life Cycle

Growth Stage	Age	Characteristics
Prenatal	Nine months before birth to birth	• Most rapid growth period taking place inside the mother's body. • Development of all body parts, tissues organs and systems needed for life support.
Infancy	Birth until two years	• Body becomes bigger and stronger (changes from an infant to a toddler)
Childhood (toddler to school age years)	Three years to ten years (3 – 10)	• Mastery of skills and independence • Learning and getting ready for school • Development of a wide range of skills and ability • Puberty begins in the later years of this stage
Adolescence	Ten to eighteen plus (10 – 18 +)	• Rapid mental, emotional and physical growth and development
Adulthood	Nineteen Years until death	• Period of the greatest strength and stamina. Physical growth ends, but growth continues mentally, emotionally and socially • Physical abilities decline with age.

LIVEWORKSHEETS