

Health and wellness in the UAE

at risk	illness	awareness campaign	obesity
life expectancy	screen	prevention	physical education

Children today are not exercising as they did in the past; they spend hours watching TV or playing video games. This leads to weight-gain and puts children ¹ _____ of ² _____, because they're not burning the calories they take in. We need to change this quickly through ³ _____; we should not wait till the problem starts and then try to fix it. Starting an ⁴ _____ is useful, however it's not enough. If a child seems unhealthy, they should undergo a health ⁵ _____. If we don't promote healthy habits, the ⁶ _____ of the population could drop.