LUCKY RITUALS



Look at the pictures, match the sentences with the correct pictures.

1. "It's hard trying to imagine what they're going to ask you."
2. "My mind goes blank as soon as I start reading the questions."
3. "I'm always worried I've forgotten something important."
4. "Just before the performance starts, I get butterflies in my stomach."

Listen to a radio program about lucky rituals. Number the pictures in order.



Listen again. Take notes on each part of the program.

Part 1
1. What is a lucky ritual?
2. Why do we develop lucky rituals?
3. How can they help us?

Part 2
4. What ritual(s) does Teresa mention for each situation?

Traveling	
Job interviews	
Exams	
Performing on stage	

Part 3
5. How does Teresa believe lucky rituals work?

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Part 3
How does Teresa believe lucky rituals work?

LIVEWORKSHEETS