

Unit 5: Vocabulary

B1-07

Match the words with their definitions. Write the letter in the box.

- A. compete against yourself
- B. endurance
- C. endure pain
- D. milestone
- E. stunts
- F. set a record

- _____ an important or significant event in your life
- _____ a performance of dangerous-looking acts
- _____ take part in a contest with yourself in order to become better at something
- B.** _____ the ability to continue or last, despite fatigue, stress
- _____ suffer patiently without complaint
- _____ to achieve something no other person or thing has achieved

Fill in the gaps with a word from the box. You only need 5.

1. To _____ means to resist the pain in order to complete a challenge or a goal.
2. She is a good biker. She knows many _____ that amaze people.
3. In order to become a better athlete, you have to _____. In other words, you have to beat yourself and become better every day.
4. One _____ in my life was entering to university. It was so important and significant for me.
5. I want to _____ and be the fastest person to run 100 meters.

- G. overcome
- H. push yourself
- I. transformed
- J. lightheaded
- K. under duress
- L. primetime
- M. face a challenge

- _____ under coercion or pressed to do, under stress
- _____ the weekday evening hours, thought of as having the largest television audience of the day
- _____ frivolous; foolish, dizzy
- G.** _____ gain the victory over (someone or something);
- _____ to try hard in order to do something
- _____ changed
- _____ to confront a challenge

6. When I drink alcohol, I feel_____.
7. Life obstacles can be _____.
8. _____ and poor circumstances, they were able to make the best choices possible.
9. In _____ there can be 18 minutes or more of advertising per hour.
10. She _____ her life and know she is a new person. She stop smoking and started to exercise. Also, she is more patient.