

Listening

6  5 Listen to a radio interview with photographer David McLain. Check (✓) the topics the speakers talk about.

<input type="checkbox"/> the age of men and women	<input type="checkbox"/> sleep
<input type="checkbox"/> family life	<input type="checkbox"/> food
	<input type="checkbox"/> exercise

7  5 Listen again. Are the sentences true (T) or false (F)?

1 David McLain is traveling to different countries.	T	F
2 He's talking to the radio announcer in the studio.	T	F
3 In Sardinia, men live to the same age as women.	T	F
4 Sardinian families rarely eat together.	T	F
5 Younger people are eating more unhealthy food, and they aren't exercising enough.	T	F

► PRESENT CONTINUOUS

I'm speaking.

You/we/they're speaking.

He/she/it's speaking.

I'm not traveling.

You/we/they aren't traveling.

He/she/it isn't traveling.

Am I working?

Are you/we/they working?

Is he/she/it working?

Language note: Spelling of present participles

End of verb	Spelling rule	Examples
consonant + -e	drop the -e and add -ing	make—making take—taking
one vowel + one consonant	double the consonant and add -ing *	sit—sitting run—running
two vowels and one consonant	add -ing; do not double the consonant	rain—raining read—reading
two consonants	add -ing; do not double the consonant	wash—washing watch—watching

*Exception: Do not double -w, -x, and -y. snow—snowing; fix—fixing; say—saying

Grammar simple present and present continuous

9 Look at the grammar box and the sentences below from the interview. Which sentences use the simple present (S)? Which use the present continuous (C)?

1 Well, one man is trying to answer these questions—photographer David McLain.	S C
2 He's speaking to us right now on the phone.	S C
3 Men live to the same age as women.	S C
4 Every Sunday, the whole family eats a big meal together.	S C
5 Also, young people are moving to the city, so they are exercising less because of their lifestyle.	S C

11 Complete the sentences with the simple present or present continuous form of these verbs.

reply	go	learn
read	spend	

- 1 We 're learning a new language at the moment.
- 2 My friends and I often time at each other's houses.
- 3 Can you wait a minute? I to an email.
- 4 How often you to the gym?
- 5 I a really interesting book at the moment.