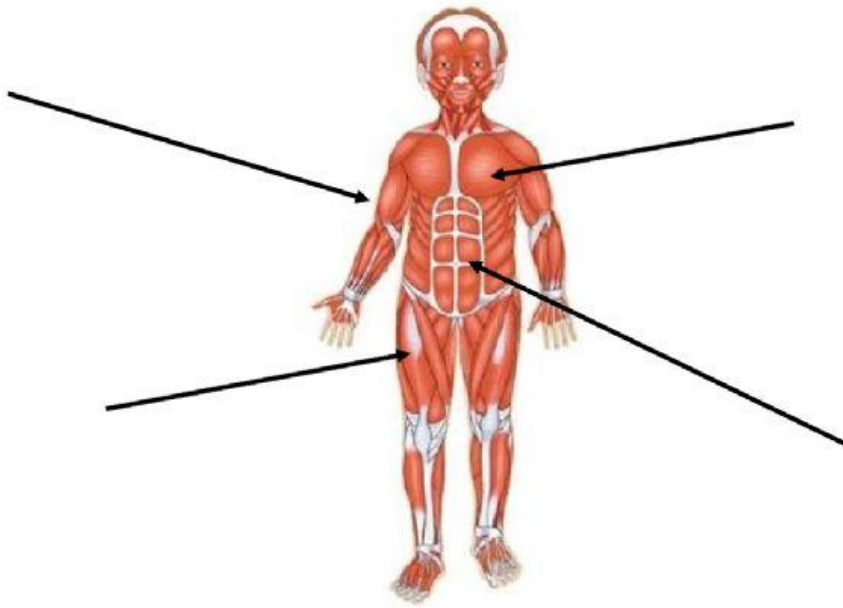




Bíceps

Cuádriceps

Abdominal

Pectoral