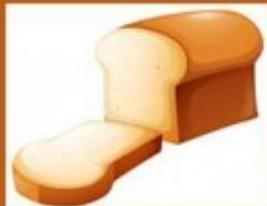


Name: _____

Energy giving food(Carbohydrate)

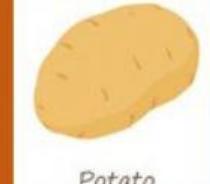
Instructions: pick out the Energy giving food from the following



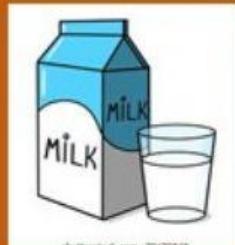
Bread



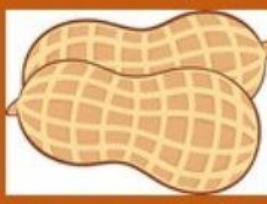
Meat



Potato



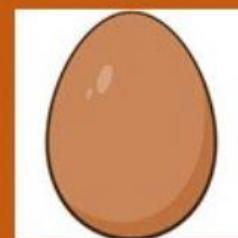
Milk



Groundnut



Cassava



Egg



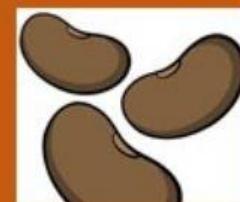
Rice



Maize



Cassava



Bread