CS | مدرسة المدينة
CITY SCHOOL

Al Tallah 2, P. O. Box: 17017. Ajman, U A E

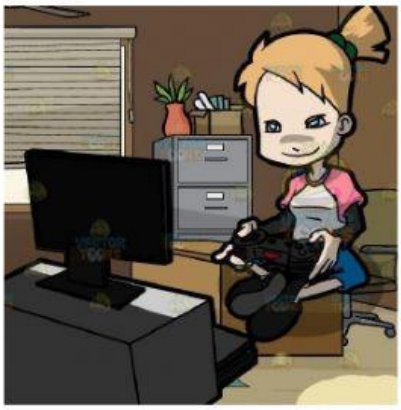
Worksheet

Subject: Science **Grade: I Section: _____**

Name:_____ Date: _____

Chapter 6: Physical Fitness and Exercise

Q1. Sakshi and Suman love to play games during their free time. Sakshi loves to play video games while Suman loves to skip rope.



- **Who is playing:**

  i. An indoor game? _____

  ii. An outdoor game? _____

- **Who will have stronger bones?** _____

- **Why?** _____

LIVEWORKSHEETS

Q2. Tick (✓) for the good habits and (×) for the bad habits.

i. ( )

ii. ( )

iii. ( )

iv. ( )

v. ( )

vi. ( )

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LIVEWORKSHEETS