

How to take pulse

Watch the video

1. Match definitions with words.

a) Condition	-to calculate the total number of items
b) Pulse	- making a regular sound or movement
c) Nervous	- the state of somebody's health or how fit the
d) To count	- the number of times the blood beats in a minute are
e) Beating	- connected with the body's nerves and often affecting you mentally and emotionally

2. Match English words with Ukrainian equivalents.

a) Rate	- сила
b) Deep	- ритм
c) Strength	- глибокий
d) Rhythm	- частота

3. Complete the sentences with proper words.

1. The nurse can see any changes in the patients' _____
2. She must be _____ while taking pulse.
3. Patients' pulse rate becomes _____ when they see a nurse or a doctor.
4. When the nurse sees changes in the beating she must _____ tell the doctor.
5. _____ in pulse are very important.

4. Getting to talk

1. Tell how to take pulse.

2. In which parts of human body can we take pulse?

3. Analyse the differences in the beating of the pulse of a smoker and a non-smoker.