

Short Communicative Message

You received an email from your new friend, Amin who just moved to your neighbourhood. You need to write more than 80 words.

Hi,

Tomorrow is a public holiday. Let's play a sport with our neighbours. Shall we play badminton, speak takraw or something else?

I am looking forward to your reply.

Bye!

Fill in the blanks with suitable phrases to complete the essay below. You can choose the phrases given in the boxes below for the introduction and ending. Please state three reasons and elaborations. You can refer to the liveworksheet we have done earlier (main idea = reason, supporting details = elaboration).

GREETINGS	ENDING
you are hale and hearty	I have helped you to ease your mind with
you are in a great shape	you will consider
you are as fit as a fiddle	

Dear Amin,

How are you? I hope _____. I can't wait for the holiday to come. Regarding your inquiry, I think we should play _____(C). There are many benefits that playing _____ could bring.

First and foremost, _____

_____ (R1).

_____ (E1).

Besides, _____

_____ (R2).

_____ (E2).

Other than that, _____

_____ (R3).

_____ (E3).

In conclusion, I think you should opt for badminton. I hope _____ my suggestion. I need to pen off now. Please write to me soon.

Bye.

Yours sincerely,

MAIN IDEA		SUPPORTING DETAILS
It boosts up the muscle strength making you strong and fit.		by practicing badminton as a daily sport our body reduces the stress hormones and boosts up the happy hormones leaving you happy and alive
Continues movements and hits in badminton strengthens your heart muscles		The natural sweating of our body burns up the calories and removes toxin inside out and hence helps in weight loss
The game of badminton is a healthy habit to ward off your stress hormones.		These quick reflexes enhance the way you think and live a daily life too.
The backhand smashing and forehand smashing needs high flexibility		It boosts up your core muscles, calves, quads and hamstrings.
Badminton is an active sport which sweats you out from tip to toe.		By making it a habit, our muscles would become flexible and strong.
Being a quick sport, it requires lightening reflexes from one to other both physically and mentally.		It decreases the cholesterol level and reduces the risk of heart attacks or strokes.