



Lunch / dinner /lʌntʃ/ /ˈdɪnə/

- fish /fɪʃ/
- meat (steak, chicken, sausages, ham) /mi:t/
- (olive) oil /ɔɪl/
- pasta /ˈpæstə/
- rice /raɪs/
- salad /ˈsæləd/

Vegetables /ˈvedʒtəblz/

- carrots /ˈkærəts/
- chips (French fries) /tʃɪps/
- a lettuce /ˈletɪs/
- mushrooms /ˈmʌʃrʊmz/
- onions /ˈʌnjənz/
- peas /piːz/
- potatoes /pəˈteɪtəʊz/
- tomatoes /təˈmɑːtəʊz/