

Lesson 5: Daily Routines

Activity 4 Writing

Write about your daily routine. Use the questions below to help you.

- What time do you usually wake up? - What do you eat for breakfast?
- What do you do after school? - What time do you go to bed?

A worksheet titled "My day" in a purple box at the top. Below the title is a large, empty rectangular area for handwriting practice, consisting of five rows of dotted lines. The entire worksheet has a decorative scalloped border.

Try to use verbs from Activity 3.

1.	wake up	= stop sleeping
2.	get up	= get out of bed
3.	turn on	= start an electric device
4.	pick up	= raise something in your hand.
5.	sit down	= rest on a seat or a chair

