

## B. NGỮ PHÁP

### I. KIẾN THỨC TRỌNG TÂM CỦA BÀI

#### CHUYÊN ĐỀ 1: CÂU MỆNH LỆNH VỚI MORE VÀ LESS

- Ta thêm **more** hoặc **less** vào trước danh từ khi đưa ra mệnh lệnh để nhấn mạnh khi đưa ra lời khuyên.

**More: nhiều hơn**

**Less: ít hơn**

Ví dụ: Watch less TV!

Do more exercises!

#### BÀI TẬP ÁP DỤNG CHUYÊN ĐỀ 1

**Bài 1: Sử dụng MORE hoặc LESS để hoàn thành các câu sau.**

1. Relax \_\_\_\_\_.
2. Talk \_\_\_\_\_, listen \_\_\_\_\_.
3. Spend \_\_\_\_\_, save \_\_\_\_\_.
4. Read \_\_\_\_\_ books.
5. Use \_\_\_\_\_ public transport.
6. Take \_\_\_\_\_ salt and sugar.
7. Drink \_\_\_\_\_ beer and wine but \_\_\_\_\_ fresh water.
8. Please provide \_\_\_\_\_ details in this form.
9. Wear \_\_\_\_\_ clothes and you'll be warmer.
10. Spend \_\_\_\_\_ time surfing the Internet and you'll have \_\_\_\_\_ time for exercise.

**Bài 2: Sử dụng MORE or LESS để hoàn thành các câu**

**sau.** 1. Eat \_\_\_\_\_ junk food. It makes you fat!

2. Wash your hands \_\_\_\_\_. You will have less chance of catching flu.
3. Sleep \_\_\_\_\_, but try to wake up at the usual time. Even at weekends!
4. Go outside \_\_\_\_\_. If you do need to go outside, wear a sun hat.
5. Watch \_\_\_\_\_ television. Looking at the screen for too long hurts your eyes.
6. Do \_\_\_\_\_ exercise, and you will feel better and healthier.

**Bài 3: Điền vào chỗ trống more hoặc less để hoàn thành những lời khuyên về sức khỏe dưới đây.**

1. Drink \_\_\_\_\_ water because it is very essential for your body.
2. Sit \_\_\_\_\_ in front of the TV or a computer if you don't want your eyes to be hurt.
3. Eat \_\_\_\_\_ healthy foods like fruits, vegetables or fish. You will stay in shape.
4. Exercise \_\_\_\_\_, and count calories when eating. This can help you lose weight.
5. Eat \_\_\_\_\_ high-fat food to avoid obesity.
6. Stay outdoors more and do \_\_\_\_\_ physical activities. You will be more healthy and active.
7. Spend \_\_\_\_\_ time playing computer games.
8. Sunbathe \_\_\_\_\_ to avoid sunburn.
9. Take \_\_\_\_\_ public transportation. You can save a lot.

## CHUYÊN ĐỀ 2: CÂU GHÉP

- Khi muốn nối hai mệnh đề hoặc hai câu đơn với nhau để tạo thành câu ghép, ta sử dụng các từ nối.

- Các từ nối đơn giản và thường được sử dụng nhất là:

+)**and**: và

Ví dụ: They eat lots of rice **and** fish.

+)**or**: hoặc

Ví dụ: You can take the blue hat **or** the red one.

+)**but**: nhưng

Ví dụ: She eats a lot **but** doesn't put on her weight.

+)**so**: vì vậy

Ví dụ: It's raining hard **so** I cannot go to school.

## BÀI TẬP ÁP DỤNG CHUYÊN ĐỀ 2

### Bài 1: Chọn câu đúng.

1.

A. I have stomachache, so I don't want to eat anything.

B. I have stomachsache, or I don't want to eat anything.

2.

A. My mother eats a lot of fruit and vegetables, so she does exercise every morning.

B. My mother eats a lot of fruit and vegetables, and she does exercise every

morning.

**3.**

- A. My cousin Trang is very fat, but she is too lazy to walk.
- B. My cousin Trang is very fat, or she is too lazy to walk.

**4.**

- A. You can eat less, but you can do more exercise.
- B. You can eat less, or you can do more exercise.

**5.**

- A. I have flu, but I don't feel very tired.
- B. I have flu, so I don't feel very tired.

**6.**

- A. The Japanese eat a lot of fish, so they eat a lot of tofu, too.
- B. The Japanese eat a lot of fish, and they eat a lot of tofu, too.

**7.**

- A. The Americans often eat fast food, so many of them are overweight.
- B. The Americans often eat fast food, but many of them are overweight.

**8.**

- A. You can walk, so you can ride a bike to get there.
- B. You can walk or you can ride a bike to get there.

## Bài 2: Điền các từ nối AND, BUT, OR, SO thích hợp vào chỗ trống.

1. I feel tired, \_\_\_\_\_ I feel weak.
2. The Japanese eat healthily, \_\_\_\_\_ they live for a long time.
3. I have flu, \_\_\_\_\_ I don't feel very tired.
4. You should eat less fast food, \_\_\_\_\_ you can put on weight.
5. You can go and see the doctor, \_\_\_\_\_ you can go to bed now and rest.
6. The Japanese eat a lot of rice, \_\_\_\_\_ they eat lots of fish, too.
7. I want to eat ice-cream, \_\_\_\_\_ I have a sore throat
8. The Americans often eat fast food, \_\_\_\_\_ many of them are overweight.
9. You can walk, \_\_\_\_\_ you can ride a bike to get there.

## Bài 3: Chọn đáp án đúng để hoàn thiện những câu dưới đây.

1. I'm going to go shopping on Sunday \_\_\_\_ buy some new clothes.

A: and                    B: so                    C: but                    D: or

2. I've just eaten dinner \_\_\_\_ I'm not hungry.

A: and                    B: so                    C: but                    D: or

3. Why don't you ring Sue \_\_\_\_ find out what time she's coming over tonight?

A: and                    B: so                    C: but                    D: or

4. Don't tell John about his birthday party \_\_\_\_ you'll spoil the surprise.

A: and                    B: so                    C: but                    D: or

5. I love to travel \_\_\_\_ I hate travelling by bus.

A: and                    B: so                    C: but                    D: or

6. Secretary to Boss: "Do you want anything else \_\_\_\_ can I go home now?

A: and                    B: so                    C: but                    D: or

7. I like living in the city \_\_\_\_ my brothers prefers living in the countryside.

A: and                    B: so                    C: but                    D: or

8. Betty's just got a promotion at work \_\_\_\_ she's very happy.

A: and                    B: so                    C: but                    D: or

9. I won't be home for Christmas \_\_\_\_ I will be there for New Year's.

A: and                    B: so                    C: but                    D: or

10. It's late. You should go to bed now \_\_\_\_ you'll be tired tomorrow.

A: and                    B: so                    C: but                    D: or

**Bài 4: Hãy nối các cột với nhau để tạo thành câu ghép hoàn chỉnh.**

1. I want to eat some junk food,	So	a. I can cycle to school.
2. I don't want to be tired tomorrow,	But	b. I should go to bed early.

3. I have a temperature,	Or	c. I am putting on weight.
4. I can exercise every morning,	And	d. I feel tired.

## II. BÀI TẬP TỔNG HỢP THEO UNIT

**Bài 1: Chọn từ có phần gạch chân được phát âm khác với các từ còn lại.**

1. A. knife      B. of      C. favorite      D. life
2. A. although      B. enough      C. paragraph      D. cough
3. A. junk      B. sun      C. put      D. adult
4. A. headache      B. architect      C. chemical      D. children
5. A. aerobics      B. calories      C. cycling      D. doctor

**Bài 2: Chọn từ không cùng nhóm với các từ còn lại.**

1. A. sick      B. ill      C. sore      D. fit
2. A. sleep      B. rest      C. relax      D. work
3. A. cough      B. flu      C. sunshine      D. sunburn
4. A. jogging      B. walking      C. swimming      D. reading
5. A. and      B. but      C. so      D. although
6. A. soccer      B. badminton      C. breakfast      D. basketball
7. A. healthy      B. fit      C. well      D. sick

### Bài 3: Chọn đáp án đúng.

1. Do you believe that eating \_\_\_\_\_ carrots helps you see at night.

A. most      B. less      C. the most      D. more

2. Don't eat that type of fish, you may have a/an \_\_\_\_\_.

A. energy      B. sick      C. sore      D. allergy

3. The seafood i ate this morning makes me feel \_\_\_\_\_ all over.

A. well      B. weak      C. itchy      D. running

4. We should try to keep everything around us clean and then flu will find it \_\_\_\_\_ to spread.

A. difficult      B. difficulty      C. difficulties      D. like

5. The health \_\_\_\_\_ from that diet expert is that you should eat less junk food and count your calories if you are becoming fat.

A. advices      B. ideas      C. tip      D. tips

6. Be careful with \_\_\_\_\_ you eat and drink.

A. who      B. what      C. that      D. this

7. Have a health \_\_\_\_\_ and you can enjoy your life.

A. lives      B. lifestyle      C. lifeline      D. lively

8. Eating a lot of junk food may lead to your \_\_\_\_\_.

A. fitness      B. obesity      C. pain      D. stomachache

9. We should follow the activities from doctors and health \_\_\_\_\_ in order

to keep fit.

A. workers      B. people      C. experts      D. managers

10. You can avoid some diseases by \_\_\_\_\_ yourself clean.

A. taking      B. keeping      C. bringing      D. looking

**Bài 4: Chọn từ thích hợp trong bảng để điền vào chỗ trống.**

stomachache	toothache	sick	hurts	pain
well	cough	temperature	headache	burn

1. Is she \_\_\_\_\_ enough to run three kilometers?

2. "Oh! Be careful with that coffee." – "Look, now I have a \_\_\_\_\_ on my arm."

3. Minh has a \_\_\_\_\_ of 39°C.

4. Don't eat so quickly. You'll get a \_\_\_\_\_.

5. She has a \_\_\_\_\_ in my back. She is going to lie down. 6.

That's a bad \_\_\_\_\_. Why don't you have a glass of water? 7.

"I have \_\_\_\_\_. " – "Why don't you telephone the dentist?" 8. I

feel \_\_\_\_\_. Quick, I must get to the bathroom! 9. My arm

\_\_\_\_\_ after that game of basketball.

10. "I have a \_\_\_\_\_. " – "That's because you watch too much TV."