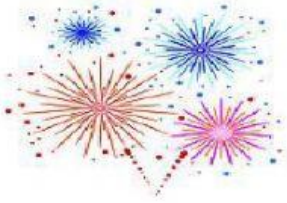


New Year Resolutions Worksheet



Future Tense	How	Verb - ing	What	When
I will OR I am going to	start OR stop	drinking smoking* eating exercising saving studying walking	water cigarettes sweets at the gym money English in the park	in the morning every day on the weekend every morning every night twice a week every week

*note if the verb ends in “e”, drop the “e” when adding “ing”

Part A: Put the sentences in the correct order to make a good resolution.

1. stop during the week I am going to eating sweets

_____.

2. saving start money every month I will

_____.

3. at the gym I will exercising twice a week start

_____.

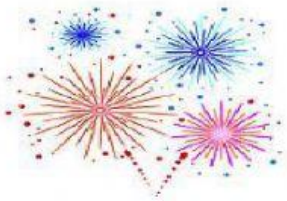
4. every night stop to bed late I am going to going

_____.

LIVEWORKSHEETS

Part B: Draw a line to match the resolution to the reason why you are making the change.

I will stop smoking	because I want to improve my language skills
I am going to start exercising	because I want to buy a new car
I will start saving money	because it is not good for my lungs
I am going to start going to bed at 10:00 pm	because it will make me strong and healthy
I am going to stop eating sweets	because I do not want to be tired during the day
I will start practicing English every day	because too much sugar is bad for my teeth



LIVEWORKSHEETS