

1. Przeczytaj tekst. Zaznacz, czy podane zdania są prawdziwe (P), czy fałszywe (F).

A day in the life of a ballet student

Michelle is a student at the Blanchard School of Ballet. She has lessons six days a week. On school days she gets up at seven and has breakfast in the canteen. The students and teachers eat together. Michelle has eggs, bread, jam and a glass of milk.

Lessons start at half past eight. Michelle studies Maths, Science, Geography, History, Music, English, French and Italian. Michelle has one ballet class at twelve o'clock. Then she has lunch. She doesn't eat a lot of food because she does ballet after lunch too. She practises from two to five.

Then the last lesson of the day is an acting class. After that Michelle has a shower and she does her homework. Dinner is at eight and bedtime is at nine.

On Sundays there aren't any lessons. Michelle writes emails, plays tennis and talks to her friends. She goes to bed early and the school week begins again.

- 0 There are lessons every day at the Blanchard School of Ballet. P / F
- 1 Michelle has breakfast with the other students at the school. P / F
- 2 Michelle has dance classes at school. P / F
- 3 Michelle has a big lunch on school days. P / F
- 4 Michelle studies acting in the afternoon. P / F
- 5 Michelle does her homework before she has a shower. P / F

2 Przeczytaj tekst i uzupełnij zdania.

School breakfast clubs

Mornings are usually difficult for school children. Children often haven't got time to eat breakfast. They arrive at school hungry and have problems during lessons.

In some schools there are breakfast clubs. Students can have a quick breakfast there. They can have cereal with milk or yoghurt, sandwiches and toast with jam or ham, and some fruit (usually apples or bananas). They drink tea or mineral water.

After breakfast in the club, the children usually have some time to play and have a chat with their friends before they start their lessons.

Breakfast at school helps children start a day with a smile. They are also never late for classes – they are already at school.

- 0 Some students don't have breakfast before school.
- 1 _____ students have problems during lessons.
- 2 In school breakfast clubs, students can have a _____ breakfast.
- 3 Students often have dairy products, like milk or _____.
- 4 Children can _____ together at a breakfast club.
- 5 Children who eat breakfast at school aren't _____ for classes.

3 Przeczytaj tekst. Zaznacz, czy podane zdania są prawdziwe (P), czy fałszywe (F).

Online friends

Most teenagers have smartphones now. Thanks to the Internet, they can talk to friends from all over the world. Chiara and Jared are online friends - they tell us how they use their smartphones.

Chiara: I'm Italian and I live in Rome. I usually use my smartphone to go online and to text my friends. I sometimes download music to my phone and listen to it on my headphones. I often use my smartphone to chat with my classmates and take photos for our school project as well. I never take selfies – I think they're boring! Right now I'm using my smartphone to chat with Jared – we usually meet online once or twice a week.

Jared: I'm English and I live in Leeds. I don't like calling my friends on my smartphone – I prefer to text them. I often play games on my smartphone or read e-books – the screen is small so I can do it on the bus on my way to school. At home, I often go online to look for information for my school projects. Right now I'm chatting to Chiara – she's my online friend from Italy. I'm asking her to watch a new video from my favourite band!

- 0 Chiara and Jared often meet online. P / F
- 1 Chiara doesn't use her smartphone to go online. P / F
- 2 Chiara is working on a school project right now. P / F
- 3 Jared likes sending text messages. P / F
- 4 Jared often works on his school projects on his way to school. P / F
- 5 Jared is talking to Chiara right now. P / F

1 Posłuchaj nagrania i uzupełnij menu wpisując jedno słowo w każdą lukę.

SATURDAY

Breakfast:

- orange juice
- toast, butter and ⁰ jam, ¹ _____

Lunch:

- ² _____ with tomatoes and cheese
- ³ _____

Dinner:

- chicken and a ⁴ _____
- ⁵ _____ with strawberries