5.2 Principles of health promotion

Match each of the three pillars of health promotion to the correct description. Can you think of any examples of how this may be carried out within your school?

Good governance	Healthy cities	Health literacy

Create an environment that encourages people to be healthy.

Pillar: .....
Examples:

.....

.....

Educate people about health so they can take control of their own health.

Pillar: .....
Examples:

.....

.....

Create public policy to improve health.

Pillar: .....
Examples:

برنامج محمد بن راشد للتعلم الذكي
Mohammed Bin Rashid Smart Learning Program

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