

extreme snowboarding

You will hear an expert snowboarder called Brad Mitchell talking about the sport of extreme snowboarding. For questions 1-10, complete the sentences with a word or short phrase

Extreme snowboarding

Brad says there are no 1_____ to warn extreme snowboarders of dangers.

Brad advises snowboarders always to follow the 2_____ when descending.

Brad always wears a 3_____ when he goes into the mountains.

According to Brad, you need a lot of 4_____ to set off down the mountain.

Brad particularly enjoys doing several 5_____ when he is going down a slope.

Brad says at first he found it difficult to do a good 6_____ on steep slopes.

Brad says you must never 7_____ if you feel you're about to fall.

Brad advises against putting your weight on your 8_____ in a fall.

Brad always carries a 9_____ in case he is in difficulty following a fall.

In the future, Brad would most like to try 10_____ snowboarding.