Ask for help when you need it.

Make a timetable and use it.

Reduce distractions when you study.



What do you think Tim wanted advice on? The details below support the main ideas that Ben gave Tim. Match the main idea and the details with the pictures.

When you follow a timetable, you will always finish all your work on time. Using a timetable will also help you do to well in your tests.

When you do not understand a lesson, ask your teacher for help. If you get a poor mark for a test, ask your teacher what you did wrong and how you can do better in the next test.

Always switch off your mobile phone so that your friends cannot call to chat with you. Do not study in front of a television that is switched on because you will be distracted by the noise and the television programme.

