

READING 1

I have 1 _____ wondered where time goes. I know we live in a digital age, and we have modern technology to save us time. But I still seem to have less time now to 2 _____ with friends and relatives than I had before. In the past, people 3 _____ to each others' houses to have a drink and a chat. Then, the telephone came along. It was an invention 4 _____ changed everything because then people had something at home they could use to chat – they 5 _____ have to go out to meet their friends in order to talk to them.

Nowadays, of course, with social media, we don't even have to speak to each other if we don't want to. We can just post a message telling our friends that we're feeling 6 _____ because we're going on holiday or we're 7 _____ because we've just finished 8 _____ the housework. I know what my problem is, though – it's that I waste far too much of my free time 9 _____ the internet. And how am I using my time right now? Well, I'm 10 _____ a blog about wasting time. Who knows? Maybe that will help other people in some way.