

Unit 2 Take My Advice Vocabulary

A. Write the correct word and its part of speech.

anorexia – appetite – counselor – disorder – fitness – peer – pressure – principle
 self-worth – substance – well-being – avoid – gain – lose – regain – achievable – bland
 depressed – illegal – lean – nutritious – old-fashioned – slim

Word	Part of Speech	Definition	B. Fill in the blanks. Use the words in the box above.
		to keep away from something or doing something	
		the state of being comfortable, healthy, or happy.	1. I don't lie it's against our Islamic
		the feeling that you want to eat food.	2. It is to drive a car that is not registered and insured.
		an illness of the mind or body	3. She likes dresses.
		someone who is trained to listen to people and give them advice about their problems	4. When you set your goals, make sure that they are
		to increase ≠ lose	5. Students might be under during the exam.
		to get something back again	6. Getting help from a is easier than asking a teacher.
		containing substances your body needs and can use to stay healthy	7. This product has natural
		the value you give to your life and achievements	8. You should have meals.
		an eating disorder that affects people's appetites – usually because of emotional problems, stress, or pressure	9.
		being in good physical condition- healthy and strong	
		a material with special qualities	
		a person who is in the same age	
		forcing someone to do something	
		possible to achieve	
		not modern	
		thin	
		not allowed by law ≠ legal	
		not having a strong taste or character	
		thin and healthy	
		a moral rule or standard of good behavior	

Unit 2 Take My Advice Vocabulary

C. Match each **phrasal verb** to its synonym.

- | | |
|-------------------|-------------------|
| 1. turn to | start |
| 2. stay away from | exercise |
| 3. turn down | go for help |
| 4. keep down | refuse |
| 5. put off | control |
| 6. take up | avoid |
| 7. work out | postpone |