Unit 2: Exercise 1

In this unit, you will do an IELTS Reading multiple-choice task.

Read the information. Then skim read the paragraph. Choose the best summary.

In the IELTS Reading test, you may be asked to decide what the main idea of a paragraph is. Remember that a paragraph usually contains one main idea. You can often get a good idea of what the paragraph is about by reading the first sentence. However, you may need to read further to understand what the writer's main point is.

A history of ice cream

Although many people might consider ice cream a recent invention, dependent on refrigeration technology and the dairy industry, there have been certain people eating frozen desserts made by mixing ice with fruit flavours for thousands of years. We don't know when people started doing this, but we do know that Roman and Chinese emperors used to eat fruit mixed with snow as far back as 2,000 years ago. However, most fruit grows in the warmer months, and ice needed to be transported from distant mountain tops, or collected in winter and stored in very expensive underground chambers. This meant that it was available only to the people at the very top of society, and only on special occasions.

The main point of this paragraph is that

- ◯ **A** no one knows when ice cream was invented.
- ◯ **B** long ago, only wealthy, powerful people ate fruit mixed with ice.
- ◯ **C** storing and collecting ice is very difficult.
- ◯ **D** ice can be mixed with fruit to create a dessert.

LIVEWORKSHEETS