

Exercises

I. Circle the correct option, A, B or C.

- 1 I play rugby five times a week. I _____ play it.
A. often B. never C. sometimes
- 2 We are good at gymnastics. We _____ practise.
A. always B. sometimes C. never
- 3 Alberto _____ goes cycling. He goes once or twice a month.
A. often B. never C. sometimes
- 4 My parents _____ go out! They are always at home.
A. often B. never C. usually
- 5 I go snowboarding at the weekend but not often.
A. always B. sometimes C. never
- 6 We play tennis. We play on Sundays but not every weekend.
A. never B. always C. often



II. Rewrite the sentences. Put the adverbs in the right place.

- 1 I go skating with my sister on Saturday. (always)

I always go skating with my sister on Saturday.

- 2 You are tired in the morning. (never)

.....

- 3 Do they watch TV in the evening? (sometimes)

.....

- 4 Football is boring. I love it! (never)

.....

- 5 Carlos goes sailing at the weekend. (often)

.....

- 6 My family plays baseball together in the summer. (usually)

.....

- 7 We are very happy when our team wins. (always)



III. Circle the correct options.

1. I **tidy** / **'m tidyng** my room at the moment.
2. My brother usually **gets** / **'s getting** dressed at 7.00 in the morning.
3. On Mondays we **catch** / **are catching** a bus to school.
4. They never **watch** / **'re watching** TV in the evenings.
5. I can't help you now. I **do** / **'m doing** my homework.
6. They sometimes **have** / **having** breakfast at 8.30 on Wednesdays.
7. Today I **go** / **'m going to** school at 9.00.
8. At the moment I **prepare** / **'m preparing** my school bag.
9. I usually **have** / **'m having** breakfast at 7.15.
10. I **eat** / **'m eating** toast and jam at the moment.
11. We never **wear** / **'re wearing** a school uniform at the weekends.
12. What do you **do** / **are you doing** at the moment?
13. My father **works** / **'s working** from Monday to Friday.
14. My sister and I **go** / **are going** windsurfing at the weekends.

