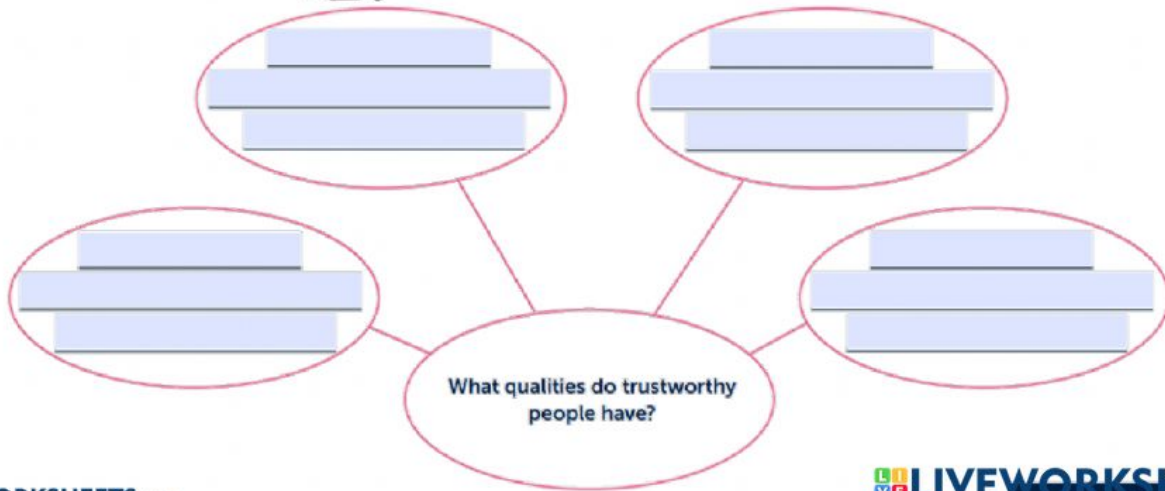


Grown-ups I trust



It really helps to have trustworthy adults in our lives. They help us feel safe, and they can be there for us when we need extra support. What qualities do trustworthy people have? Write four qualities in the bubbles below.



- Draw around your hand with your fingers spread out.
- In the thumb, write the name of an adult you trust at home.
- In the fingers, write the names of four adults you trust outside of home.

