

## Progress Test Files 1–4

### Grammar, Vocabulary, Pronunciation, and Practical English

## READING

1 Read the text and answer the questions.

### A day in the life of a postman

Peter Simpson is a postman. He comes from London but now he lives and works in Bristol, a big city in the south – west of England. Today, on the World News Web, we ask Peter about his life and his job.

#### **How do you start a typical working day, Peter?**

'Well, I get up at half past three in the morning,' say Peter. 'I have breakfast and a shower. I eat eggs and I always drink a lot of coffee before I start work. It's dark outside and it isn't easy to get up when it's so early and so dark. Then I walk to the delivery office. It's about 20 minutes from my house.'

#### **What do you do at the delivery office?**

'I work with ten other postmen. We work for four hours putting letters into bags. It isn't difficult to do but we work very fast.'

#### **Then what do you do?**

At about 8:30, I take my big bag of letters and walk outside. On a typical day, I deliver letters to 600 addresses.

#### **Do you like your job?**

'Yes. Well, usually. I don't like it when it rains. And I don't like working on Saturday morning when everybody is in bed. But I meet a lot of people. Old people are very friendly and I always speak to them. Some old people don't speak to many people in a day so I think it's important to say hello and be friendly. And after lunch I'm free. I don't work in the afternoon, so I can go shopping or go cycling when other people are at work. And that's great!'

**Example:** What does Peter do?  
He's a postman.

1 What time does Peter get up? \_\_\_\_\_

2 Where does Peter live? \_\_\_\_\_

3 What does Peter eat and drink for breakfast? \_\_\_\_\_

4 Who does Peter work with? \_\_\_\_\_

5 What time does Peter leave the office to start his walk? \_\_\_\_\_

6 Does Peter like working on Saturday? \_\_\_\_\_

7 What does Peter do in the afternoon? \_\_\_\_\_

2 Read the text again and tick (✓) True or False.

**Example:** Peter Simpson is a milkman.  
True  False

1 Peter lives in the north of England.  
True  False

2 Peter doesn't have a shower in the morning.  
True  False

3 Peter thinks it's difficult to get up in the morning.  
True  False

4 Peter goes to the office in his car.  
True  False

5 Peter lives 20 minutes from the delivery office.  
True  False

6 Peter works in the office for five hours every morning.  
True  False

7 Peter often delivers letters to six hundred houses in a day.  
True  False

8 Peter doesn't meet many old people in his job.  
True  False