

Match the following!



Banyan : The seeds of the banyan are used to make some tonics and the sap can heal wounds. It has antiseptic and astringent qualities.

Mulethi (Licorice) : The root of this plant is useful in the treatment of coughs, colds and other bronchial irritations. Powdered Mulethi is an excellent remedy for hyperacidity.

Tulsi : Tulsi or basil is said to purify the air and is central to all Hindu homes. Its leaves are used to cure common digestive ailments and cough.

Mint (Pudina) : Has a cooling property and often used in toothpastes to fight bad breath. Mint oil is used in balms, mouthwashes, chewing gum and aromatic oils. It is also used in skin care products such as body lotions, soaps, bathing oils and skin tonics.

Amla (Indian Gooseberry) : The fruits are rich in vitamin C and are good tonic for general vitality. The fruits either fresh or dried are used as Ayurvedic Medicine.

Neem : All parts of the tree are very useful for medicinal purpose. The bark is used for toothache and bad breath. The seeds, bark, flower, leaves and fruits are useful as Ayurvedic herbal medicine.