

9 GRAMMAR FOCUS

▶ Time expressions

I get up	at 7:00	in the morning	on weekdays.
I leave work	early	in the afternoon	on Thursdays.
I go to bed	around eleven	in the evening	on weeknights.
I get home	late	at night	on weekends.
I stay up	until midnight	on Fridays.	
I exercise	before noon	on Saturdays.	
I wake up	after noon	on Sundays.	

Expressing clock time

7:00
seven
seven o'clock
7:00 A.M. = 7:00 in the morning
7:00 P.M. = 7:00 in the evening



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A Choose the correct word.

1. I get up **at** / **until** six **at** / **on** weekdays.
2. I have lunch **at** / **early** 11:30 **in** / **on** Mondays.
3. I have a snack **in** / **around** 10:00 **in** / **at** night.
4. **In** / **On** Fridays, I leave school **early** / **before**.
5. I stay up **before** / **until** 1:00 A.M. **in** / **on** weekends.
6. I sleep **around** / **until** noon **in** / **on** Sundays.
7. I have dinner **at** / **in** 7:00 **at** / **on** weeknights.
8. I read a book **after** / **before** I go to sleep.
9. **In** / **On** weekends, I go to bed **in** / **at** 1:00 A.M.
10. **In** / **On** Thursdays, I leave work **at** / **in** 9:00 P.M.
11. I work **late** / **until** on Wednesdays.
12. I study **around** / **until** 11:00 **after** / **early** dinner.

 **LIVEWORKSHEETS**