

UNIT 10 TEST

Name: _____

Class: _____ Date: _____

1. **VOCABULARY:** Fill in the boxes with either healthy or unhealthy activities from the list below. (___/8)

Smoking, cycling, getting enough sleep, sunbathing, eating sugar, watching lots of T.V,
drinking water, balanced diet,

Healthy

Unhealthy

_____	_____
_____	_____

2. **VOCABULARY:** Write the correct words in the gaps using the words in the box below. (___/8)

good shape, works out, junk food, balanced diet, lots of sugar, healthy, lifestyle, bad shape

Alicia has a _____ lifestyle. She's in _____ because she _____ at the gym every day. She eats healthy food, like fresh fruits and vegetables. She has a good _____. Robert doesn't have a good _____. He's in very _____ because he never goes to the gym. He eats lots of _____ with _____ in the food, so he's over weight.

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4. GRAMMAR: Give advice using modal verbs for the situations below. Could !, should/ought to !!, Must/have to!!! (__6)

1. Your brother is overweight. !!

2. You want your friend to not smoke. !!!

3. Your mother doesn't sleep enough. !

4. Your sister wants to pass her exam. !

5. You want to win the science competition. !!

6. Your friend is playing on the computer too much. !

5. GRAMMAR. Write the correct modal verb into the sentences below. (__/10)

1. We _____ go to the cinema yesterday, because we were too busy.

2. You _____ do more exercise, if you want to lose a little weight.

3. We _____ invite Dane to our party, he is a very nice guy.

4. My sister _____ quit smoking. She has a lot of breathing problems.

5. We missed the bus again today. We _____ be more responsible.

6. I told my younger sister she _____ watch too much T.V. It's bad for her eyes.

7. Sunbathing is very bad. We _____ spend any time in the sun without sunscreen.

8. Arata works too much. She _____ take more rest.

9. Jamie wants to win an Olympic gold medal. I said he _____ train every day.

10. I _____ drink too much coffee. It gives me a headache.

