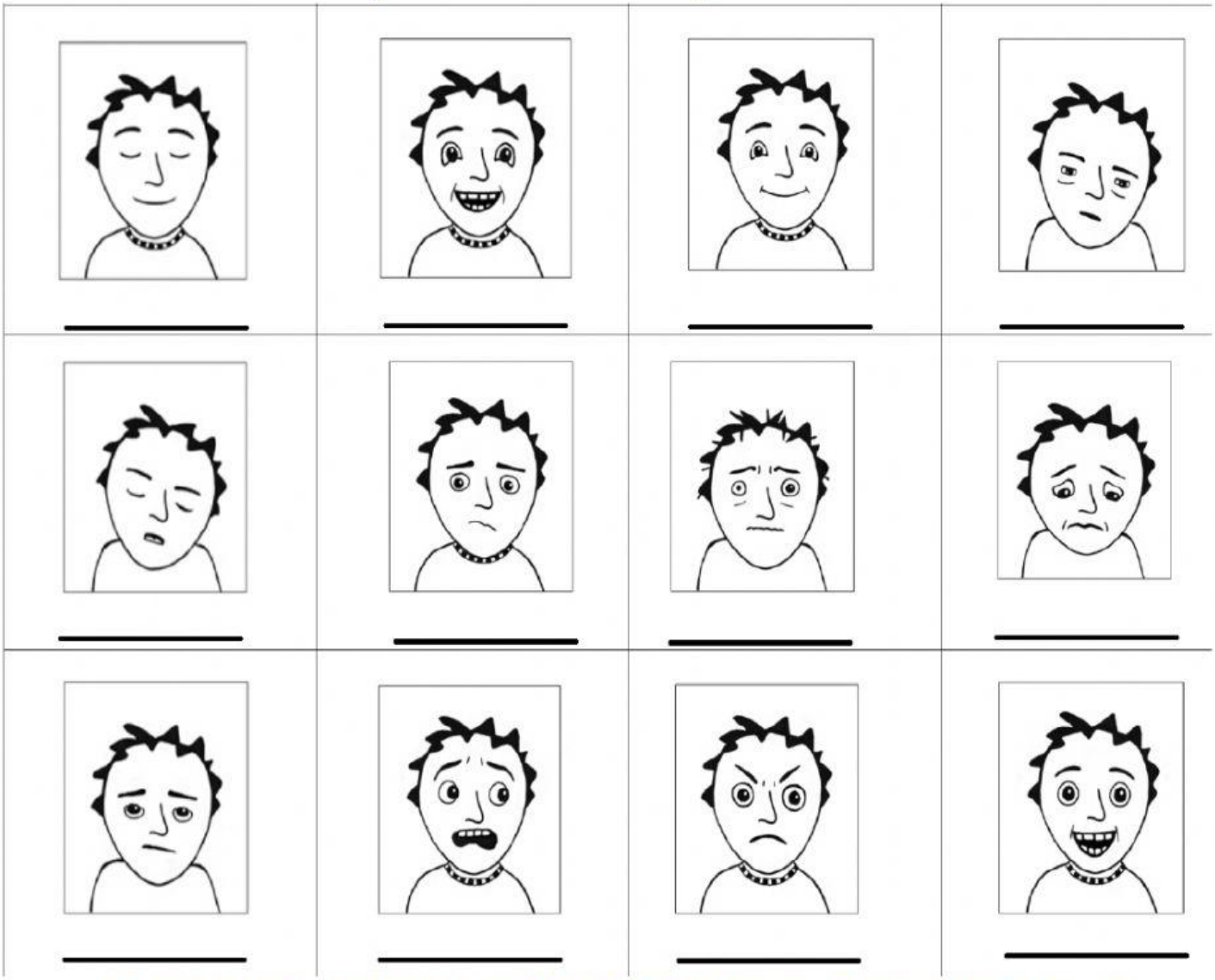
## NAME THAT FEELING: PICTURE MATCH A

Naming and sharing feelings is an important part of good mental health. There are more than 2,000 words for feelings in the English language. Using different words for feelings helps to tell others about how we feel.

**How many feeling words do you know?**_____

| | | | |
|---|---|---|---|
| lonely | scared | sleepy | angry |
| relaxed | excited | stressed | cheerful |
| sad | happy | tired | worried |

Match the feeling words with the feeling faces below.



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