

1. Preparation: picture matching

Draw a line to match the pictures with the words below.

			
			

steps	mountains	parkour	river
climbing	railings	jumping	white-water rafting

2. Check your understanding: true or false

Circle *True* or *False* for these sentences.

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|----|---|-------------|--------------|
| 1. | Extreme sports are only popular in the mountains in the UK. | <i>True</i> | <i>False</i> |
| 2. | People who enjoy fast and dangerous sports, like white-water rafting, are called thrill seekers or adrenalin junkies. | <i>True</i> | <i>False</i> |
| 3. | In white-water rafting you have to try to stay afloat in the river. | <i>True</i> | <i>False</i> |
| 4. | Parkour is sometimes called free jumping. | <i>True</i> | <i>False</i> |
| 5. | The idea of parkour is to jump and climb over things like steps, railings and trees. | <i>True</i> | <i>False</i> |
| 6. | You need special clothes and shoes to do parkour classes. | <i>True</i> | <i>False</i> |