

## 1. Preparation: picture matching

Draw a line to match the pictures with the words below.



steps	mountains	parkour	river
climbing	railings	jumping	white-water rafting

## 2. Check your understanding: true or false

Circle *True* or *False* for these sentences.

1. Extreme sports are only popular in the mountains in the UK.	True	False
2. People who enjoy fast and dangerous sports, like white-water rafting, are called thrill seekers or adrenalin junkies.	True	False
3. In white-water rafting you have to try to stay afloat in the river.	True	False
4. Parkour is sometimes called free jumping.	True	False
5. The idea of parkour is to jump and climb over things like steps, railings and trees.	True	False
6. You need special clothes and shoes to do parkour classes.	True	False