

TOPIC 8: HEALTH

Exercise 1

Complete the sentences.

- 1 I ate too many green apples and I had a stomach ache afterwards.
- 2 My husband has a bad _____, and the noise kept me awake all night.
- 3 When he arrived at the hospital, a doctor _____ him.
- 4 His mother is suffering from skin _____.
- 5 Philip went to the dentist because he had _____.
- 6 If you are _____, you should see a doctor.
- 7 The room was dusty, and I started to _____.
- 8 It's annoying when people _____ during a concert.

Exercise 2

Choose the correct word to complete each sentence.

- 1 Amanda can't come to the movies with us – she's in bed [for/because/with] flu.
- 2 The doctor says I need to [have/do/make] an operation on my knee.
- 3 When I bend my arm, I have a pain [on/in/at] my elbow.
- 4 If you go out with wet hair, you will [find/catch/make] a cold.
- 5 This loud music is [making/causing/giving] me a headache.
- 6 The doctor says I must [eat/take/get] this medicine for two weeks.

Exercise 3

Match what these people did (1–6) with what was wrong with them afterwards (a–f).

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| 1 'I tried to climb over the wall, but I fell off.' | a José had a heart attack. |
| 2 'I had to carry my shopping for miles.' | b Gustavo caught a cold. |
| 3 'I ate five bars of chocolate.' | c Pedro's arms ached. |
| 4 'I worked 14 hours a day, smoked, and never did any exercise.' | d Matt broke his leg. |
| 5 'I walked all day in the rain.' | e Fatima was sick. |
| 6 'I walked all the way from London to Scotland.' | f Lucy's feet hurt. |

Exercise 4 8.4

Listen to and read the two dialogues. Are the following sentences (1–6) true (T) or false (F)?

Doctor: Good morning, Mrs Silva, how are you?

Mrs Silva: Not too good. I have a sore throat, and I feel really sick.

Doctor: Do you have a cough?

Mrs Silva: Yes, and I keep sneezing. I took my temperature this morning, and it was very high.

Doctor: I think you have flu. You need to rest and drink plenty of water. I think you will get better in about a week.

Doctor: Come in, Mr Palmer. How are you?

Mr Palmer: I feel OK, but sometimes I have pains in my chest. I had a heart attack three months ago.

Doctor: OK. I think you should rest for a few days. I will make an appointment for you to see someone at the hospital.

Mr Palmer: Will I need an operation?

Doctor: I don't think so, but you might have to take some medicine.

- 1 Mrs Silva's leg hurts.
- 2 The doctor took Mrs Silva's temperature.
- 3 The doctor gave Mrs Silva some medicine.
- 4 Mr Palmer's chest sometimes hurts.
- 5 The doctor is sending Mr Palmer to the hospital.
- 6 Mr Palmer will have an operation.

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Use the words you've learned...

Imagine you are ill. Describe how you feel to the doctor.