



Lan's mother was born in 1958. She first learnt to swim when she was three years old in a small canal. Her first swimming coach was her grandfather. She participated in five sports games and she won a total of 8 gold medals.



Tennis player Garbiñe Muguruza was born in Caracas, Venezuela, in October 1993. Her mother is Venezuelan but her father is Spanish. So which country does she represent? It wasn't an easy decision. But now when she's on the tennis court, she's Spanish.

When Dina Asher-Smith was eight, her dream was to run on the track in the Olympics. Now she's the fastest British female runner in history. Dina was born in December 1995. In July 2015 she was the first British woman to run 100 metres in under eleven seconds.



Kristaps Porziņģis was born in Latvia in August 1995. When he was fifteen years old, he was 2.03 m tall! Now he's 2.21 m tall. So where do you think he plays sport? On a basketball court, of course. Kristaps is one of the best players in the NBA.

- 5 Dina was in the Olympics when she was eight years old.
- 6 In 2015 she was the fastest woman in the world.
- 7 Kristaps was very tall when he was fifteen.
- 8 He's the tallest basketball player in the NBA.