

A Label the pictures with words from the box.

fever

headache

indigestion

insomnia

pimple

sore throat



1. _____



2. _____



3. _____



4. _____



5. _____



6. _____

B Circle the correct information to complete the sentences.

- When you have a fever, it's a good idea to take something to *lower* / *increase* it.
- Nausea makes it hard to keep down what is in your *lungs* / *stomach*.
- When you suffer from *insomnia* / *a pimple*, it's very difficult to sleep.
- If you're feeling *active* / *tired* during the day, a short nap can help.
- To *stop* / *protect* yourself from insect bites, you can spray repellent on your skin.
- A:** What's that noise?
B: Sorry, I have *pimples* / *hiccups* because I ate too quickly.

C Write sentences with advice from the box and the words given. Start each sentence with *I usually* and use an infinitive of purpose.

bite a lemon

drink ginger tea

drink warm milk

drink water

eat garlic

lie down

read a book

take an aspirin

take a nap

take a shower

- (help / a cold) *I usually eat garlic to help a cold.*
- (cure / a headache) _____
- (stop / hiccups) _____
- (help / sleep) _____
- (cure / nausea) _____
- (help / sore joints) _____