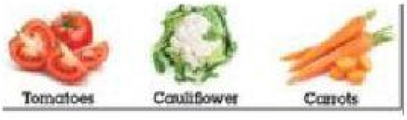
Science review for test

Student's name:_______________________________________**Date:**___________________________

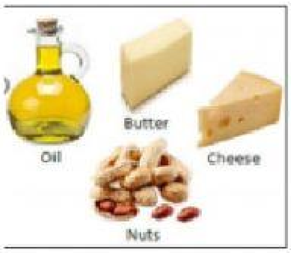
SELECT THE CORRECT ANSWER



A) carbohidrates

B) vitamins and minerals

C) proteins



A) Fats
B) Carbohidrates
C) Proteins

WRITE A DEFINITION FOR THE NEXT TERMS

A) Nutrition:____

B) Nutrients: ____

C) Diet:____

D) Overweight:____

E) Carbohidrates____

F) minerals____

G) proteins____

H) fats____

LOOK AT THE PICTURE AND WRITE THE CATEGORY

A) ________________________________ **B)** ______________________________

C)______________________________________ D)_____________________________________

COMPLETE USING THE CORRECT WORDS.

1.- Complex carbohydrate are long chains of__________________________

2.- The main building blocks of your body's tissues are_____________________________

3.- The amount of energy your food provide is measured in_____________________________

4.- You need smaller amounts of___________________in your diet than the amounts of carbohydrates, fats, and proteins you need.