



Name: Date:

Test & Quiz

I. Listen to Poppy and Ben answer the quiz. Choose Poppy or Ben next to answer.

How healthy are you?

1 It's a hot day and you're thirsty. What do you drink?
 a P Some water
 b A very cold fizzy drink
 c Some juice, like apple or grape juice

2 It's 11 a.m. and you're hungry. What do you eat?
 a A healthy snack – maybe an apple or a pear
 b A lot of crisps or some chocolate
 c A small sandwich

3 It's 9.30 on Saturday morning. What are you doing?
 a I'm walking into town. I'm always active.
 b I'm in bed. I'm quite lazy sometimes.
 c I'm playing basketball. I'm really fit!



II. Listen again and choose True or False.

Poppy sometimes has fizzy drinks.

False

- 1 Ben doesn't drink much water.
- 2 Poppy has school dinners.
- 3 Ben can have chocolate or crisps at school.
- 4 Poppy sometimes plays basketball after school.
- 5 Poppy is very fit.
- 6 Ben gets up at 10.30.

III. Choose C (Countable) or U (uncountable).

1 rice	6 grape
2 sandwich	7 burger
3 apple juice	8 meat
4 vegetable	9 pear
5 cheese	10 yoghurt

IV. Complete the table with the given words.

any ~~a lot of~~ many much
some any some a lot of

Affirmative

Countable

There are
a lot of
apples.



Uncountable

There's
1
water.



Negative

Countable

There aren't
4
apples.



Uncountable

There isn't
5
water.



There aren't
6
apples.



There isn't
7
water.



V. Complete the question with How many or How much. Make the word plural if necessary.

How many apples does he eat every week?

How much juice... do you drink?

1 burger... do you eat?

2 cheese... is there on the pizza?

3 nut... are there in the bag?

4 white rice... do they usually eat?

5 sandwich... have you got?

6 milk... does she drink?

7 bread... have they got in the shop?

8 egg... are there on the table?

VI. Write about things you like or don't like doing at these different times.

after school at weekends in the evenings
in the school holidays in the school breaks
on Monday mornings on New Year's Day
on Saturdays on Sunday afternoons

don't like don't mind hate like love prefer

On Saturdays, I love going to the sports centre with my dad. At weekends, I don't mind helping my parents with the housework.
