

Healthy Lifestyle

You will hear an interview about the lifestyles of teenagers.

Liz is answering questions about herself and her brother Mike. Listen and complete the chart accordingly.

	Liz	Mike
Breakfast		
Fruit & vegetables per day		
Favorite fruit		
Favorite beverage		
Number of times of physical exercise per week		
What physical exercise do they practice?		
Favorite sports in the winter		
Favorite sports in the summer		
They'd love to learn		

