

UNIT 8: SPORTS AND GAMES

Lesson 1: Sound /e/ and /æ/

A. THEORY

Remember

/e/

➤ Một số từ có chứa âm a thì được phát âm là /e/.

- anyone (pron) – /'enɪwʌn/: bất cứ ai
- many – /'men.i/: nhiều

➤ Chữ e được phát âm là /e/, đối với những từ có chứa một âm tiết mà tận cùng là một hay nhiều phụ âm. (trừ r)

- debt (n) – /det/: công nợ
- bed (n) – /bed/: giường ngủ

➤ Một số từ có chứa "ea" hay được phát âm là /e/.

- heavy (adj) – /'hevi/: nặng
- measure (v) – /'meʒə/: đo lường

/æ/

➤ Đối với chữ A nằm trong những từ có một âm tiết, tận cùng kết thúc bằng một hoặc nhiều phụ âm, ta phát âm /æ/.

- fat (adj) – /fæt/: béo, mập
- slang (n) – /slæŋ/: tiếng lóng, từ lóng

➤ Chữ A được phát âm là /æ/ khi nằm trong âm tiết được nhấn trọng âm (stress).

- candle (n) – /'kændl/: ngọn nến
- narrow (adj) – /'nærəʊ/: chật, hẹp

B. EXERCISE

I. Write the words in the correct column according to the pronunciation of the underlined part.

Chat	Candle	Fan	Chance	Headache	Teddy	Many	Man	Pressure	Chess
Racket	Fat	Exercise	Tennis	Network	Match	Cherry	Measure	Contest	any

/æ/ / _____

/e/ / _____

II. Choose the word that has the underlined part pronounced differently from the rest.

- | | | | |
|---------------------|------------------|------------------|-----------------|
| 1. A. <u>fear</u> | B. <u>near</u> | C. <u>really</u> | D. <u>wear</u> |
| 2. A. <u>their</u> | B. <u>hair</u> | C. <u>series</u> | D. <u>there</u> |
| 3. A. <u>spare</u> | B. <u>play</u> | C. <u>game</u> | D. <u>table</u> |
| 4. A. <u>keep</u> | B. <u>cheer</u> | C. <u>meet</u> | D. <u>week</u> |
| 5. A. <u>sphere</u> | B. <u>series</u> | C. <u>here</u> | D. <u>where</u> |

III. Name these sports and games.

boxing	marathon	karate	volleyball	aerobics
tennis	cycling	table tennis	skiing	skateboarding



1. _____



2. _____



3. _____



4. _____



5. _____



6. _____



7. _____



8. _____



9. _____



10. _____

IV. Complete the sentences with the correct words in the box.

goggles	racket	skateboard	skis	ring	paddle	runningshoes	gloves
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1. All we need to run is good _____.
2. They fight in a square area with ropes around it, called a boxing _____.
3. _____ are special glasses that fit closely to the face to protect the eyes from wind, dust, water, etc.
4. In boxing, the fighters wear large leather boxing _____ on their hands.
5. Shall we play table tennis? - Great! Can you lend me a _____?
6. He threw his tennis _____ across the court in anger.
7. When we put _____ on we can move over snow easily.
8. He sometimes rides his _____ to school

V. Underline the correct answers.

You want to do sport, but you don't know which sport to choose. (1) *Gymnastics/ Surfing/ Skiing* is fun, but it's expensive and you can only do it in winter. Cycling is good exercise, but you must buy a (2) *racket/ bicycle/ net* and a (3) *helmet/ swimming cap/ skateboard*. How about (4) *bowling/ running/ scuba diving*? It doesn't cost any money and you can do it any time and any place. You only need some good trainers, some comfortable clothes - and the Runkeeper smartphone app. With this app you can see your distance and your speed. Do you prefer to exercise at a sports club? You don't need an expensive personal trainer. You can use Runkeeper while you are (5) *cycling/ surfing/ weightlifting* on an exercise bike or while you are jumping and kicking in a (6) *karate/ volleyball/ basketball* lesson. You can't lose with this incredible app!

VI. Complete the passage with the words from the box.



score	without	sport	each	play
game	positions	boring		

Basketball is a pretty cheap (1) _____ to play in terms of equipment. So long as you have shoes and clothes and a ball, you can play. You can play with 1 hoop or 2, but it is way more fun to have a full court to (2) _____ on and several friends to do it with. Of course, you can have knee braces, expensive shoes, and some fancy jerseys if you want, but you can play (3) _____ them if you want.

Basketball is a (4) _____ of 5-on-5. There are 5 different (5) _____: point guard, shooting guard, center, small forward, and power forward. Unlike some other sports, all players can (6) _____ points, and there is NO goalkeeper. There isn't a (7) _____ position to play!

Basketball has 4 quarters. For pro games, quarters are 15 minutes. Teams switch directions of play after (8) _____ quarter.

VII. Read the dialogue, then choose the correct answers.

Marie: We might go to the football match next Saturday, Cristina.

Cristina: Football? You must be joking. I can't stand it.

Mark: No? Why not?

Cristina: Twenty two men of two teams run after a ball, trying to kick it into a net... and thousands of people shouting and screaming like madmen every time it's a goal or not. Is this a game?

Mark: I see... you prefer things like hopscotch, hide-and-seek, blind man's buff...

Cristina: Don't tease me, Mark. I'm not a child anymore and there are much better sports than football.

Mark: Really?

Cristina: Yes, take volleyball, for example. It's so exciting, the two teams try to keep the ball in motion without letting it touch the ground. No foul play, no violence.

Mark: Yes, maybe you're right I like volleyball too. For me all ball games are great!

Cristina: Not only ball games, Mark. Don't you like badminton, cards, chess, even darts...and things like that?

Mark: Er...of course I do.

1. What are Cristina and Mark talking about?

A. Football B. Volleyball C. Ball games D. Games

2. How many football players are there in each team?

A. 11 B. 12 C. 20 D. 22

3. Why does Mark mention children's games like hopscotch?

- A. Because Cristina likes these games. B. Because Cristina is a child.
 C. Because he wants to tease Cristina. D. Because he wants Cristina to play these games.
4. What kind of sports and games does Cristina NOT refer?
 A. Chess B. Baseball C. Badminton D. Darts
5. Cristina thinks football is an exciting game.
 A. True B. False C. No information
6. Mark likes all ball games.
 A. True B. False C. No information

VIII. Write the name of the game or sport.

1. bike, helmet, ride, race
2. ball, goal, kick, penalty
3. ring, gloves, punch, mouth guard
4. racket, net, shuttlecock, serve
5. goggles, snow, skis, poles
6. court, racket, rubber ball, net, set
7. ball, table, paddle, serve
8. basket, ball, court, throw, points

IX. Circle the odd one out.

- | | | | |
|-------------|---------|------------|-------------|
| 1. football | tennis | volleyball | boxing |
| 2. goggles | courts | skis | skateboards |
| 3. paddle | ball | bat | racket |
| 4. referee | player | coach | stadium |
| 5. career | healthy | sporty | fit |