

# MATCHING BEHAVIOR WITH NATURAL CONSEQUENCES

This activity helps kids (3-12) understand that all behaviors—both positive and negative—have natural consequences.

**Direction:** Cut out the lists of a child's behavior and natural consequences. Put the two lists in separate piles. Have your child draw one from the behavior pile and find the corresponding natural consequence. Discuss why it's a natural consequence. Repeat until you've matched all the cards.

**Variation:** Using just the behavior cards, have them determine what the natural consequence would be.

BEHAVIOR	NATURAL CONSEQUENCE
They do not go to bed on time.	They feel sick to their stomach.
They don't use an umbrella when raining.	They will get bitten or barked at.
They do not eat dinner.	They are able to find their toys and clothes and aren't rushed.
They leave their toys outside.	They don't get in trouble and get to play with friends next time.
They do not complete homework.	They have more free time to play.
They play with matches.	They may burn themselves or something else.
They finish their chores early.	They don't do well on a test and get a bad grade.
They tease the neighbors dog.	Their toys may be ruined, lost, or stolen.
They clean their room.	They are hungry at bedtime.
They come home on time.	They get wet.
They eat too much candy.	They feel tired the next day.