

## **People living with or affected by HIV and AIDS (PLWHA)**

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need acceptance, support and understanding, just as with

any other life-threatening illness.

Always demonstrate appropriate behaviours when interacting with PLWHA.

- Show compassion by being a friend to the person
- Remember, casual contact (a hug, a handshake, or a kiss on the cheek) poses no threat of infection to anyone.
- Treat them as valuable human beings - as you would treat everyone else.
- Practice healthy habits/ Universal Precaution to protect yourself and others.
- Do not discriminate against them or make them feel worse.
- Do not blame anyone who has contracted HIV virus.
- Never share information about a person's health status without their permission.