MOOD FOOD



1 VOCABULARY food and cooking

a Circle the word that is different. Explain why.

1 beans grapes peach raspberry
The others are all *fruit*.

2 chicken duck lamb salmon
The others are all _____.

3 beetroot cabbage pear pepper
The others are all _____.

4 aubergine lemon mango melon
The others are all _____.

5 crab mussels beef prawns
The others are all _____.

6 cabbage cherry courgette cucumber
The others are all _____.

3 Przeczytaj tekst. Z podanych odpowiedzi wybierz właściwą, tak aby otrzymać logiczny i gramatycznie poprawny tekst. Zapisz odpowiedzi w zeszycie.

There's a great variety of diets that people enjoy nowadays and one of them is raw foodism. It's becoming more and more popular, and there are lots of raw food restaurants all over the world.

This diet (1) ___ of usually organic and wild food products such as fruit, vegetables, eggs, fish, meat and unpasteurised milk cooked at less than 40°C. Raw foodists believe that such food products (2) ___ their value because of the heating process. Some raw foodists even say that cooked food is dangerous for the human body because it (3) ___ full of toxins.

The followers of this diet are sure that raw food (4) ___ them feel more energetic and healthier.

They say that people who (5) ___ on this diet are a very active group. They have their websites where they exchange recipes, talk about their experiences and promote their lifestyle.

1	A has	B includes	C consists
2	A miss	B lose	C waste
3	A had become	B became	C becomes
4	A makes	B allows	C gives
5	A go	B follow	C choose

LIVEWORKSHEETS