

## LISTENING ACTIVITY

1. Complete the text by listening to the audio. Write the exact word you hear. Sometimes more than one word is needed. The line with the most words, has four words

People who work very hard and individuals \_\_\_\_\_ lives are busy in other ways, may \_\_\_\_\_ from a kind of stress which can actually damage \_\_\_\_\_. One way that they can reduce stress levels is to find a time \_\_\_\_\_ when they can relax, they \_\_\_\_\_ find something that they enjoy doing in a place where they feel comfortable and \_\_\_\_\_.

2. Listen to the audio and answer the following questions.

Which picture is more related to the description of Amelia as a child?



She became very interested in planes:

before she was ten

when she was ten

after she was ten

Amelia

Worked in a newspaper

Collected newspaper reports

Wrote in a newspaper about aviation

Amelia knew that flying was her thing when she was

10

23

33

34

After her first flight, Amelia became an aviation teacher: TRUE FALSE

Canary

Was the first plane Amelia flew in

Was the first plane she bought

Was the plane she used to cross the Pacific

George P. Putnam was:

The person who organized Amelia's first flight across the Atlantic

The person who flew the plane the first time Amelia crossed the Atlantic.

Amelia's second husband

Who was Charles Lindbergh?

The person who flew across the Atlantic with Amelia.

The first person to fly across the Atlantic

The first man to fly across the Atlantic

The first time she crossed the Atlantic, she went

From the USA to the UK

From the England to the USA

From Scotland to the USA