Extra Training

Word Formation
Task 442

Write in BLOCK CAPITALS!!!

1. Complete the text with the correct words derived from the words in bold.

The Art of Kung-Fu

Most people gasp in **1**_____ when they watch what the masters of Kung Fu can do. The masters make it look easy, but it takes years of practice and **2**_____ to learn to do these incredible moves. Most students feel like a **3**_____ at the beginning and it can be a humbling experience.

Once a student has learned the more advanced moves, there is no room for **4**_____ though. The masters focus on teaching their students the importance of discipline and mental strength. Students attend **5**_____ classes to improve their mental control.

Only when students have achieved both mental and physical control can they call themselves Masters of Kung Fu!

AMAZE

PATIENT

FAIL

ARROGANT

MEDITATE

2. Read the text. Fill in the gaps with the proper lexical form of the capitalised words.

James Boole is an incredibly lucky man, jumped out of a helicopter at almost 2,000 m and lived to tell the tale. James was making a **1** _____ about parachutists and was trying to get shots of an athlete jumping from a helicopter over an **2** _____ volcano in Russia.

When the athlete jumped, it was James' job to follow him out of the helicopter and get the footage - something that required all his **3**_____.

Falling through the smoke from the volcano, he suddenly saw snow which meant he was far too close to the ground. He pulled the cord on his parachute, but he knew it was too late. He hit the ground and blacked out. When James woke up, he was overjoyed to have survived, but **4** _____ that he had broken his back. The helicopter crew found him in a one-meter crater in the snow and took him straight to hospital.

5 _____ his back was only fractured and after six months, he was able to jump again.

DOCUMENT

ACT

CONCENTRATE

TERRIFY

FORTUNATE

LIVEWORKSHEETS