15 Nurse practitioner

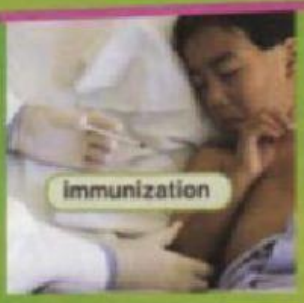
Nurse Practitioners and Primary Care

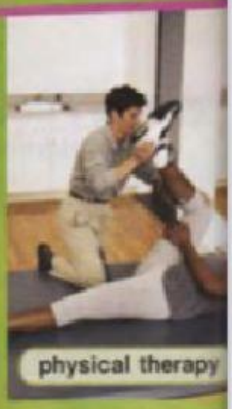
It's a familiar scene: long waits at the doctor's office in crowded waiting rooms. But there's a way to avoid this and still get your check up! How? See an **NP** (**nurse practitioner**) instead.

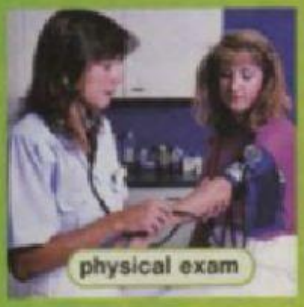
NPs are an excellent **point of entry** health providers. They hold **advanced degrees** and must be **board certified**. So you're sure to get good care.

NPs provide a wide range of services. They conduct **physical exams** and **diagnose** illnesses. They **prescribe** treatment such as **physical therapy**. Many provide regular **immunizations** for children. Some even offer **counseling** services.

Though patients must see doctors for specialized care, nurse practitioners provide general healthcare without the wait.











Get ready!

1 Before you read the passage, talk about these questions.

1 What kind of jobs do nurse practitioners perform?

2 What qualifications must nurse practitioners hold?

Reading

2 Read the article from Healthy Living magazine. Then, mark the following statements as true (T) or false (F).

1 __ Patients are usually directed to NPs by point of entry health providers.

2 __ Nurse practitioners treat patients' physical and emotional needs.

3 __ Patients of NPs must visit a doctor's office to get shots.

Vocabulary

3 Match the words (1-5) with the definitions (A-E).

1 __ immunization
2 __ advanced degree
3 __ physical therapy
4 __ board certified
5 __ point of entry

A a college degree higher than a bachelor's degree

B having passed a test to document expertise in an area of medicine

C treatment for an illness or injury by physical methods rather than the use of drugs

D the administration of a medical substance to help protect a person against a disease

E the first level of access to a system

4 Fill in the blanks with the correct words and phrases from the word bank.

word BANK

prescribe nurse practitioner
diagnose counseling
physical exam

1 Mark is in constant pain. He hopes the doctor can quickly _____ the problem.

2 When Linda conducts a(n) _____, she checks all areas of a person's body.

3 Peter examined his patient, he decided to _____ medication to reduce the pain.

4 Todd offers _____ services. Many people tell him about their problems.

5 Molly likes learning about medicine and helping people. She wants to be a _____ when she grows up.

LIVEWORKSHEETS

5 Listen and read the article again. How can a patient avoid a long wait at the GP's?

Listening

6 Listen to a conversation between an interviewer and a NP. Choose the correct answers.

1 What is the dialogue mostly about?
- A challenges of being an NP
- B the steps of a physical exam
- C procedures that the NP performs
- D common illnesses that the NP sees

2 According to the dialogue, what service does the nurse practitioner NOT offer?
- A prescribing medications
- B offering counseling
- C performing immunizations
- D diagnosing illnesses

7 Listen again and complete the conversation.

Interviewer: Thanks for agreeing to **1** _____ _____. I know you nurse practitioners get busy.

NP: It's my pleasure.

Interviewer: So, what kind of **2** _____ do you provide?

NP: Lots. I conduct **3** _____ _____ and perform immunizations for children. I also offer counseling.

Interviewer: What patients do you have today?

NP: My next patient has an injury from a **4** _____ _____. I'm giving him physical **5** _____.

Interviewer: Are there any limits to the care you provide?

NP: Well, I don't perform surgery. But I do **6** _____ illnesses.



Speaking

8 With a partner, act out the roles below based on Task 7. Then, switch roles.

USE LANGUAGE SUCH AS:

What kind of services do you provide?

My next patient has ...

Are there any limits to the care you provide?

Student A: You are an interviewer. And you are writing an article about NPs. Ask Student B questions to find out about:
- services
- today's patients
- limits to care

Student B: You are a nurse practitioner. Answer Student A's questions.

Writing

9 Use the conversation from Task 8 to fill out the interviewer's notes.

Article about NPs

INTERVIEW NOTES

Services Provided:

Conducts _____

Performs _____

_____

Offers _____

Limits to Care:

Does not _____

_____

LIVEWORKSHEETS