



The Economics of Life

Is It Ever Enough?

01 In your own words, define fashion and trends in the space below.

02 Read the text "Being Influenced by Trends and Fashion." Write "T" or "F" if the statements are true or false. Add one more statement of your own and ask a classmate to answer it.

- All generations like imitating what is popular.
- Teenagers try different styles out to find their own identity.
- Following trends helps teenagers see the most important features of a person.
- One disadvantage of trends is their cost.
- It is not important to ask yourself what you will look like.
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Being Influenced by Trends and Fashion

Younger **generations** have the tendency to imitate and follow anything that appears fashionable, trying so hard to fit in that it makes them struggle in everyday life.

Teenagers try to define themselves through clothing, hairstyles, and social **associations**. The problem with this is that they sacrifice many things to project the right image, and therefore they forget the most important features in a person: intelligence, values, and confidence.

Most of the people who follow a trend may not like it completely, or they make some changes that last for a long time, such as a tattoo or dyeing their hair. Adding to this, **keeping up** with the latest trends can be very expensive.

To avoid being influenced by trends, ask yourself the following questions:

- Do I really need to buy it? **Think of** what you will **look like** with the new style.
- Do I really like it?
- Is it in my **budget**?

04 Use the space below to write five recommendations to your friends about following trends. Consider what they need to think of before doing something that might not be necessary or convenient.



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Is There a Way to Reuse Your Old Things?

01 Work in groups of three, and answer the lesson question together.

Repurpose and Reuse

There are many items around the house that we may no longer need, want, or have use for. Instead of throwing them away we can think of different ways to reuse them.

Here are a few examples of how you can reuse and repurpose some everyday items:

- Old clothes can be turned into rags, **cushion** covers, or other textile items.
- Water bottles and cans can be used as pots for plants, **watering** cans, and crafting.
- Paper, newspaper, and **cardboard** can be used in **crafts** as packing material or gift wrapping material, or to make notes and sketches.
- Jars** and pots can be used as small **containers**.



02 Read the text "Repurpose and Reuse." Complete the following sentences:

1. Instead of _____ things we no longer need or want, we can think of ways to _____ them.
2. _____ can be used to create new textile items, such as _____ covers.
3. We can make crafts with almost every item, giving them new _____ such as _____ water, bottles, and cans.