Reading Unit 5

› Read comments 1–7 about cooking. Then match the phrases below with pictures a–g.

1 I can't cook at all. I can only **boil an egg**.

2 I'm keen on cooking. I can even **bake a cake**!

3 I never get anything right in the kitchen. I just **add** too many **spices to the food**.

4 Making a salad is easy. You just **chop up some vegetables, add some oil** and that's it!

5 I've just made **roast chicken** for the first time. It smells delicious.

6 I once tried to **fry some meat** but it was a disaster! Cooking isn't my thing.

7 I love eating apple pies but I hate **peeling the apples**.

boil an egg | bake a cake | add spices to the food | chop up some vegetables | roast chicken | fry some meat | peel the apples















LIVEWORKSHEETS

Read the texts below. Choose the correct answer:

The aim of both texts is to ☐

a show people that cooking is easy.
b encourage people to cook.
c make people change their diet.

JOSHUA WEISSMAN isn't a typical young man. In my view, there aren't many guys his age who cook meals for their parents and love doing it. Joshua is now a gifted food blogger, food photographer and cookbook author but a few years ago he used to be overweight and bullied at college because of his looks. He had to do something about it, so he turned to healthy cooking. Joshua lost 100 pounds in the space of a year and a half and took to blogging about food. Losing weight was only part of his success. What thrilled him was that he won the respect of his schoolmates who now turned to him for advice on a healthy diet. What seemed impossible became possible!



Through his blog Slim Palate he shares photos and recipes designed to appeal to students and help them learn how to cook. The readers of Joshua's blog say that his meals are always a piece of cake to make but really mouth-watering at the same time. There are recipes for quick breakfasts, snacks and barbecue food, as well as more time-consuming main courses such as roast chicken and chips or grilled steak.

Joshua is also thinking of opening his own restaurant. Judging by his successful blog and a very popular Facebook fanpage, the restaurant will also be a spectacular success! At least, I believe so!

Cooking Academy 2: World Cuisine

Are you into cooking? Would you like to learn how to cook even better and score points for making delicious food? Do you dream of becoming a celebrity chef or at least cooking something amazing for your boyfriend or girlfriend? If so, why don't you play *Cooking Academy 2: World Cuisine*? According to www.bigfishgames.com, a website which offers online computer games, it's a very popular cooking game. The players usually give it 5 out of 5 stars.

This entertaining interactive family game:

- allows you to get a really good knowledge of cooking and preparing dishes from all over the world,
- presents a lot of fascinating recipes for dishes such as Chinese rice, Mexican tortillas or Japanese sushi,
- offers information about world cuisines, original ingredients and spices.

Play *Cooking Academy* and become brilliant at making different dishes. You will learn which go together to create fantastic desserts and meals. The players say it's just great — challenging and educational!

Throughout the game, you will try to get stars. Win all 5 stars for each recipe to get the gold trophy. Download it now!

Read the texts again and choose the correct answers for Text 1 - 1, 2, 3 , for text 2 - 4,5:

1. We learn from the first paragraph that ☐
   a. Joshua has been interested in cooking since childhood.
   b. Joshua was not a popular boy in class.
   c. Joshua advises his friends on how to lose weight.
   d. Joshua's parents made him cook for himself.

2. All the recipes on Joshua's blog ☐
   a. are vegetarian.
   b. are for the main course.
   c. will interest a typical teenager.
   d. seem quick and easy.

3. Which information appears in the text first? ☐
   a. Joshua's reasons for losing weight.
   b. Opinions about Joshua's meals.
   c. Recipes available on his webpage.
   d. Joshua's talent for blogging.

4. The advert promises that the player will ☐
   a. get some basic knowledge of cooking.
   b. learn how to cook dishes from three countries.
   c. win the game easily.
   d. learn how to combine different foods.

5. From both texts we learn that ☐
   a. making meals is easy.
   b. preparing food is a popular hobby.
   c. cooking can be an exciting experience.
   d. knowing how to cook helps you get a job.

LIVEWORKSHEETS

Read the two texts in exercise 4 again. Are the statements facts (F) or opinions (O)?

1 Few teenagers are interested in cooking. ☐
2 Joshua's fanpage is very popular. ☐
3 Joshua's recipes aren't difficult to follow. ☐
4 A lot of people like this game. ☐
5 It is a competitive game. ☐

Complete the sentences so that they are true about the text.

Text 1

1 What is surprising about Joshua Weisman is that _____
2 Joshua was the happiest when he _____ by his classmates.
3 Joshua's recipes include meals which are quick to make and _____

Complete the definitions with the highlighted words from the texts.

1. A _____ is someone who cooks in restaurants as their job.
2. A _____ is a book with instructions for preparing and cooking food.
3. A _____ is a small amount of food you eat between meals.
4. A _____ is a style of cooking food typical of a country or region.
5. A _____ is a substance made from plants which we add to food to make it taste better.
6. An _____ is one of the foods used to make a dish.
7. A _____ is a set of instructions for preparing food.

Complete the dialogues with the correct words from exercise 9.

1 A Do you think that [1] _____ in big restaurants use [2] _____?
B No, I don't think so. I think they have all the [3] _____ in their heads.

2 A Do you eat [4] _____ between meals?
B Yes. Chocolate bars or crisps, but I know they aren't good for you.

3 A I really love Indian [5] _____
B Really? Why?
A I just like all the [6] _____ used in it. They make the dishes so tasty.

4 A What [7] _____ do you need to make this salad?
B Oh, just some fresh tomatoes and mozzarella cheese.

LIVEWORKSHEETS

Complete the table with the adjectives below.

tasty | disgusting | heavenly | mouth-watering | awful | bland | full of flavour | yummy | flavourless | tasteless

POSITIVE	NEGATIVE

LIVEWORKSHEETS